



About facials

This document describes what you need to know before and after receiving facials and other skin clinic services. We use only licensed technicians (called estheticians) to perform these treatments and provide any follow-up care required. All our estheticians are also supported by a licensed doctor. Should you have any unanswered questions, our estheticians or doctor can answer them at your visit.

Before treatment

What does it do?

Facials are designed to be corrective and pampering. Facials may include all of the following:

1. exfoliation with steam and dead-cell-dissolving enzymes that soften clogged pores (comedones), facilitating their evacuation
2. extractions with sterile instruments
3. a calming or brightening mask
4. antibacterial, exfoliating, or brightening boosters
5. soothing anti-inflammatory lotion
6. sun protection.

Best results are achieved when prescribed home care products are used as directed. Extraction is a corrective technique that gently and safely removes blackheads, drains inflamed acne impactions, and releases trapped ingrown hairs when possible. They are best performed when the skin has been prepared by a pore-penetrating light skin peel or a clinical facial with an enzyme peel with steam. We cannot guarantee that all pimples, blackheads, and ingrowns are extracted during the procedure. We cannot guarantee that any lesion will not return at a later date.

You should not get a facial if...

1. you're allergic to any of the products used in facial services.
2. in the past 30 days you have had a sunburn on your face.
3. in the past 30 days you have used products containing glycolic acid or AHA, Accutane, hydroquinone (skin lightener), Retin A, Renova, Adapalene, or any other topical or oral acne medication.
4. in the past 45 days you have had any of the following treatments: chemical peel, facial laser, microdermabrasion, skin resurfacing, electrolysis, depilatories, laser resurfacing, IPL, collagen injections, Botox injections, or facial surgery.

What risks are involved?

What problems might I experience?

Side effects may include mild temporary tenderness, dryness, sensitivity, redness, swelling, sensitivity, flaking, and small scabs. Superficial dark spots can occur when old or deep lesions are extracted; these are normal and temporary. Superficial blemishes

fade faster when sun protection, acne products, lighteners, and other home care products are used exactly as directed. No guarantee can be made that you will benefit from the treatment. Sun and sensitivity to either wind or sun may increase the possibility of swelling and redness.

Contact us immediately if any of the following occur:

1. skin infection (pus, oozing, fever)
2. appearance of a cold sore on the lips or any other portion of the peeled area
3. allergic reaction, acne, or irritation to any of the creams or medications
4. extreme reactions, such as scarring
5. increase or decrease in skin color which does not blend with normal skin after healing from treatment

The chance of adverse reactions greatly increases if you:

1. are taking antibiotics
2. are taking oral contraceptives
3. have shaved the area to be treated in the past 48 hours
4. visited a tanning booth in the past 60 days

What should you tell us about?

To safely perform this treatment, we need to know if you have:	yes	no
1. skin problems (specify)		
2. old sores such as herpes, hives, enlarged scars (keloids)		
3. permanent make-up (where?)		
4. allergies (specify)		
Also, tell us about all your:		
1. skin care products		
2. medications and supplements		

About allergies

In all treatments, we should know of any food, environmental, or medication allergies you have. Let us know when making your appointment and just before your treatment begins.

Understanding and accepting the risks

Confirm the following statements:

1. I am signing this document before being treated at Recharge Medical.
 2. This procedure or treatment, including anticipated benefits, material risks, and alternative therapies, has been explained to me or my legal representative.
 3. All my questions regarding this treatment have been answered satisfactorily.
 4. I have read and understood the information provided above and the information provided to me in person by the staff.
 5. I accept all risks involved in this treatment.
 6. I release Recharge Medical and its agents from all liability associated with this treatment.
 7. I have shared all information about me requested and discussed above.
 8. I understand that skin treatments are not a replacement or substitute for medical examination, diagnosis, or treatment.
 9. I understand that skin treatment estheticians are not qualified to perform, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given will be construed as such.
 10. I agree to tell my esthetician of any future changes in my medical profile, medications, topical products, and issues related to my skin treatment.
 11. I agree to avoid exercise and direct sun immediately following this procedure.
 12. Following this procedure I agree to follow the instructions in the aftercare treatment plan I am given.
- Wait to sign and date below until one of our staff members watches you do so.

Printed name of client

Signature of client or client's legal guardian

Date and time

Printed name of provider

Signature of provider

Date and time