



About receiving Kybella treatment

This document describes what you need to know before and after receiving Kybella injections. Should you have any unanswered questions, our staff can answer them at your in-person consultation.

Before treatment

What does it do?

This treatment attempts to improve the appearance and profile of moderate to severe fat below the chin. Results will vary from person to person. We cannot guarantee how long the results will last, how much of an improvement there will be, or how painless the treatment will be.

Who should not receive this treatment?

Kybella is not recommended if you:

1. smoke
2. use steroids
3. have both diabetes and poor skin quality
4. have an infection in the treatment area.

What is the treatment process?

Kybella is injected into the fat below the chin—up to 50 injections per treatment. You and your doctor will discuss the number of treatments you will attempt to obtain the results you want. Treatments must be at least one month apart. You may receive up to six treatments.

What risks are involved? What problems might I experience?

Should you experience any problems following your treatment, we can advise and treat you. Our doctor can answer any questions you might have at your in-person consultation.

The most common side effects are swelling, bruising, pain, numbness, redness, and areas of hardness in the treatment area.

Kybella can cause serious side effects, including:

1. Nerve injury in the jaw that can cause an uneven smile or facial muscle weakness
2. Trouble swallowing

How soon will I see results?

If your Kybella treatment is effective, you can expect to see each treatment's results within one to two months.

What else do I need to know?

Tell your healthcare provider about all of your medical conditions, including if you:

1. have had or plan to have surgery on your face, neck, or chin
2. have had cosmetic treatments on your face, neck, or chin
3. have had or have medical conditions in or near the neck area
4. have had or have trouble swallowing
5. have bleeding problems
6. are pregnant or plan to become pregnant
7. are breastfeeding or plan to breastfeed.

It is not known if Kybella will harm your unborn baby. It is not known if Kybella passes into your breast milk. Talk to our doctor about the best way to feed your baby if you receive Kybella.

Tell our doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell us if you take a medicine that prevents the clotting of your blood (antiplatelet or anticoagulant medicine).

Understanding and accepting the risks

Confirm the following statements:

1. I am signing this document before being treated at Recharge Medical.
2. This procedure or treatment, including anticipated benefits, material risks, and alternative therapies, has been explained to me or my legal representative.
3. All my questions regarding this treatment have been answered satisfactorily.
4. I have read and understood the information provided above and the information provided to me in person by the staff.
5. I accept all risks involved in this treatment.
6. I release Recharge Medical and its agents from all liability associated with this treatment.
7. I have shared all information about me requested and discussed above.
8. I agree to tell my provider of any future changes in my medical profile, medications, topical products, and issues related to my treatment.
9. Following this procedure I agree to follow the instructions in the aftercare treatment plan I am given.

Wait to sign and date below until one of our staff members watches you do so.

Printed name of client

Signature of client or client's legal guardian

Date and time

Printed name of provider

Signature of provider

Date and time