



About thread lifts

This document describes what you need to know before and after receiving a thread lift treatment. We use only licensed doctors to perform these treatments and provide any follow-up care required. Should you have any unanswered questions, our doctor can answer them at your in-person consultation.

Before treatment

What does it do?

In our thread lift treatment, absorbable surgical sutures are skillfully injected and tightened under the skin to lift and smooth. The synthetic sutures are made of polydioxanone (PDO). PDO sutures are commonly used to perform cardiothoracic surgery (also known as open-heart surgery). It's one of the safest materials to be implanted in the body. Your skin fully absorbs it within four to six months without scar tissue. The effects, however, last 12 to 15 months. The threads are injected under the skin and then tightened, giving you a smooth and natural facelift without surgery. It can be used for other parts of the body and face, but it is most commonly used for the lower face and neck lines and sagginess.

Who should not receive this treatment?

You should not receive a thread lift treatment if you are known to be allergic to plastic biomaterials.

What can I expect?

1. x

Just before treatment

1. Do not take aspirin or anti-inflammatory medications (e.g., Advil, Motrin, Ibuprofen) for ten (10) days before your treatment, since this increases your risk of bleeding.

What side effects might I encounter?

1. DISCOMFORT: Some discomfort may be experienced during treatment. I give permission for the administration of anesthesia when deemed appropriate.
2. SCARRING: Thread lift for mid-face. Threads are inserted via a small, acupuncture-type needle. In rare cases, it may take a few days to heal. In very rare cases, a scar at the entry point can occur.
3. BRUISING, SWELLING, INFECTION: Swelling, and infection of the treated area may occur.
4. BLEEDING: In extremely rare cases, patches of blood might appear on the skin. If this happens, additional treatment might be required to drain the accumulated blood.

5. DAMAGE TO DEEPER STRUCTURES: Deeper structures such as nerves, blood vessels, and muscles may be damaged during the course of procedure. The likelihood varies according to the location of the procedure. Injury to deeper structures may be temporary or permanent.
6. ALLERGIC REACTIONS: In very rare cases, local allergies to tape, suture material, or topical preparations have been reported. Systemic reactions, which are more serious, may result from drugs used during procedure and prescription medicines. Allergic reactions may require additional treatment.
7. ANESTHESIA: Local topical anesthesia may be used and can involve risk of allergic reaction and rash.
8. PIGMENT CHANGES (SKIN COLOR) (hyper- or hypo-pigmentation): There is a remote possibility of the treatment area either becoming lighter or darker in color than the surrounding skin. This is usually temporary, but on rare occasions can be permanent. Appropriate sun protection is very important.
9. PARTIAL LAXITY CORRECTION: a thread lift will give some improvement in laxity but might not correct all your facial laxity.
10. DELAY HEALING: Complications may ensue as a result of smoking, drinking liquids through a straw, or similar motions. Because of this, smoking and similar actions are **strongly** discouraged.
11. CONTRAINDICATIONS: Any known allergy or foreign body sensitivities to plastic biomaterials.
12. OTHER: Slight asymmetry, redness, visible thread(s) may require additional treatment and or the removal of the threads.

6. I release Recharge Medical and its agents from all liability associated with this treatment.
7. I have shared all information about me requested and discussed above.
8. I agree to tell my provider of any future changes in my medical profile, medications, topical products, and issues related to my skin treatment.
9. Following this procedure I agree to follow the instructions in the aftercare treatment plan I am given.

Wait to sign and date below until one of our staff members watches you do so.

About your appointment

Your safety comes first. If at any time we discover that our equipment is not in proper, working condition, we'll kindly ask for your understanding and ask you to reschedule your appointment.

Understanding and accepting the risks

Confirm the following statements:

1. I am signing this document before being treated at Recharge Medical.
2. This procedure or treatment, including anticipated benefits, material risks, and alternative therapies, has been explained to me or my legal representative.
3. All my questions regarding this treatment have been answered satisfactorily.
4. I have read and understood the information provided above and the information provided to me in person by the staff.
5. I accept all risks involved in this treatment.

Printed name of client

Signature of client or client's legal guardian

Date and time

Printed name of provider

Signature of provider

Date and time