



About waxing

This document describes what you need to know before and after receiving a wax hair removal treatment. We use only licensed cosmetologists and estheticians to perform this treatment and provide any follow-up care required. Should you have any unanswered questions, our staff can answer them at your in-person consultation.

Before treatment

What does it do?

Waxing temporarily removes unwanted hair. It removes hairs by the root, not just at the skin surface as with shaving. Regrowth takes 3 to 6 weeks. There are two types of waxing treatments:

1. **Warm:** Wax is warmed, enabling it to be easily spread over skin. As the wax cools, it tightly grasps hairs. When the wax is quickly removed, hair is removed along with the wax.
2. **Cold:** Cold waxes are attached to strips, patted onto the skin, then quickly removed. When the wax is quickly removed, hair is removed along with the wax. Wax that remains on the skin must be peeled or scratched off.

Our goal with these treatments is to safely remove hair from the skin. Results will vary from person to person. We cannot guarantee how long the results will last, how much of a change there will be, or how painless the treatment will be.

Who should not receive this treatment?

Within the past 14 days, have you had a light chemical peel or microdermabrasion? If so, we will not perform this treatment on you and recommend that you wait until 14 days have passed.

Within the past 4 weeks, have you had a wax treatment? Or, have you shaved in the area you want treated? If so, we will not perform this treatment on you and recommend that you wait until 4 weeks have passed. (Waxing requires at least ¼ inch of hair for the wax to be able to remove the hair.)

Within the past 2 months, have you had laser skin resurfacing or a medical-grade chemical, acid, or exfoliating peel? If so, we will not perform this treatment on you and recommend that you wait until 2 months have passed.

Within the past 3 months, have you used adapalene (Differin), hydroquinone (Alustra), tazarotene (Avage, Tazorac, Zorac), or tretinoin (Aberela, Airol, Atralin, Avita, Refissa, Renova, Retacnyl, Retin-A, Stieva-A)? If so, we will not perform this treatment on you and recommend that you wait until 3 months have passed.

Within the past 12 months, have you used Accutane (isotretinoin)? If so, we will not perform this treatment on you and recommend that you wait until 12 months have passed.

Who might experience more sensitivity?

1. A woman who receives this treatment for her bikini area one week prior to, or during, menstruation.
2. Current users of oral antibiotics, topical antibiotics, retinol, salicylic acid, skin exfoliants, or alpha-hydroxy acids (glycolic, lactic).

What risks are involved? What problems might I experience?

Should you experience any problems following your treatment, we can advise and treat you. Our esthetician can answer any questions you might have at your in-person consultation.

Skin condition changes: Some people experience bruising, scabbing, scarring, redness, hyperpigmentation, or pimples.

Skin might tear: This rarely happens, but in some areas where skin is softer, your skin might tear during waxing. We do everything we can to avoid this, but because of differences from person to person and the difficulty in predicting where softer skin exists or begins, we cannot always prevent it.

Herpes or MRSA breakout: Herpes simplex is a viral disease, and methicillin-resistant *Staphylococcus aureus* (MRSA) is a bacterium responsible for several difficult-to-treat infections in humans. If you have herpes or MRSA, you might experience a breakout after waxing. It's possible for you to unknowingly be infected with herpes or MRSA.

Before your visit

1. If your hair is longer than ¼ inch, trim it so that the waxing is more comfortable and possible complications are avoided.
2. Thoroughly wash and dry your skin.
3. Do not apply lotions or oils. Doing so will reduce the effectiveness of, or introduce complications with, your treatment.

What should you tell us about?

To perform this treatment, we need to know about any:

1. medical conditions and health problems you have
2. medications you're taking
3. topical products you're using
4. hair removal and other skin procedures you have received in the past 2 months
5. food, environmental, or medication allergies you have.

About your appointment

Your safety comes first. If at any time we discover that our equipment is not in proper, working condition, we'll kindly ask for your understanding and ask you to reschedule your appointment.

Understanding and accepting the risks

Confirm the following statements:

1. I am signing this document before being treated at Recharge Medical.
2. This procedure or treatment, including anticipated benefits, material risks, and alternative therapies, has been explained to me or my legal representative.
3. All my questions regarding this treatment have been answered satisfactorily.
4. I have read and understood the information provided above and the information provided to me in person by the staff.
5. I accept all risks involved in this treatment.
6. I release Recharge Medical and its agents from all liability associated with this treatment.
7. I have shared all information about me requested and discussed above.
8. I understand that skin treatments are not a replacement or substitute for medical examination, diagnosis, or treatment.
9. I understand that skin treatment estheticians are not qualified to perform, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given will be construed as such.
10. I agree to tell my esthetician of any future changes in my medical profile, medications, topical products, and issues related to my skin treatment.
11. Following this procedure I agree to follow the instructions in the aftercare treatment plan I am given.

Wait to sign and date below until one of our staff members watches you do so.

Printed name of client

Signature of client or client's legal guardian

Date and time

Printed name of provider

Signature of provider

Date and time